



# Stone Age Rock Gym - Events Calendar

## November 2024



| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   |
|---|---|--|--|--|---|--|
| <p><b>Become a member!</b></p> <p>No Contract required.<br/>*membership is optional</p>                 |   | <p><b>Join our youth Climbing Club!</b></p>  <p>Climb for 2 hours on Tuesday and Thursday<br/>Easy sign-up online</p> | <p><b>Enroll Your Child in Our Winter Break Climbing Camp!</b></p> | <p><b>Celebrate your Birthday with us!</b></p> <p>Book a 2 hour climbing party with all your friends </p> | <p>1</p> <p><b>Couples and Friends Night</b><br/>2 or more climbers<br/>Climbing Pass \$20.00</p>     | <p>2</p> <p><b>Boulder Comp "Paired Climber" Format</b><br/><b>Citizen 6pm – 9pm \$30</b><br/>Sign-Up Online</p> |
| <p>3</p> <p><b>Family Day –</b><br/>3 Climbers for \$60.<br/>Add family climbers for \$20.00 each.</p>  | <p>4</p> <p><b>Members Day</b></p>  | <p>5</p> <p><b>Technique/Train Clinic Underclings</b><br/>Horizontal vs. Vertical</p> <p><b>Training Exercise:</b><br/>Example Climbs<br/>8 – 10PM</p>   | <p>6</p> <p><b>On your way home Work-Out</b><br/>5:30 – 6:30</p>   | <p>7</p> <p><b>Technique/Train Clinic Undercling Starts &amp; Sitting Starts</b></p> <p><b>Training Exercise:</b><br/>Example Climbs<br/>8 – 10PM</p>  | <p>8</p> <p><b>Couples and Friends Night</b><br/>2 or more climbers<br/>Climbing Pass \$20.00</p>     | <p>9</p> <p><b>Student Night Discount</b><br/>5 – 10PM<br/>Climbing Pass \$20</p>                                |
| <p>10</p> <p><b>Family Day –</b><br/>3 Climbers for \$60.<br/>Add family climbers for \$20.00 each.</p> | <p>11</p> <p><b>Veterans Day</b></p> <p><b>PWYC - all day "Pay What you Can" Climb on your budget. Applies to Day Pass and Gear Rentals OPEN at Noon!</b></p> | <p>12</p> <p><b>Technique/Train Clinic Backsteps &amp; Stepthroughs</b></p> <p><b>Training Exercise:</b><br/>Traverse<br/>8 – 10PM</p>   | <p>13</p> <p><b>On your way home Work-Out</b><br/>5:30 – 6:30</p>  | <p>14</p> <p><b>Technique/Train Clinic Crossunders &amp; Crossovers</b></p> <p><b>Training Exercise:</b><br/>Traverse<br/>8 – 10PM</p>   | <p>15</p> <p><b>Couples and Friends Night</b><br/>2 or more climbers<br/>Climbing Pass \$20.00</p>    | <p>16</p> <p><b>Student Night Discount</b><br/>5 – 10PM<br/>Climbing Pass \$20</p>                               |
| <p>17</p> <p><b>Family Day –</b><br/>3 Climbers for \$60.<br/>Add family climbers for \$20.00 each.</p> | <p>18</p> <p><b>Members Day</b></p>   | <p>19</p> <p><b>Technique/Train Clinic High-step Rockover</b><br/>Toe vs. Heel</p> <p><b>Training Exercise:</b><br/>Toprope examples<br/>8 – 10PM</p>  | <p>20</p> <p><b>On your way home Work-Out</b><br/>5:30 – 6:30</p>  | <p>21</p> <p><b>Technique/Train Clinic Hand-Foot Matches</b></p> <p><b>Training Exercise:</b><br/>Hand-foot up dihedral<br/>8 – 10PM</p>   | <p>22</p> <p><b>Couples and Friends Night</b><br/>2 or more climbers<br/>Climbing Pass \$20.00</p>    | <p>23</p> <p><b>Student Night Discount</b><br/>5 – 10PM<br/>Climbing Pass \$20</p>                               |
| <p>24</p> <p><b>Family Day –</b><br/>3 Climbers for \$60.<br/>Add family climbers for \$20.00 each.</p> | <p>25</p> <p><b>Members Day</b></p>   | <p>26</p> <p><b>Technique/Train Clinic GAME NIGHT</b></p> <p><b>Training Exercise:</b><br/>Add-On<br/>8 – 10PM</p>   | <p>27</p> <p><b>Closed</b></p>                                     | <p>28</p> <p><b>Happy Thanksgiving</b></p> <p>Closed</p>   | <p>29</p> <p>SHOP OUR <b>BLACK FRIDAY Super Sale!</b></p> <p>Up to 45% OFF<br/>Select Merchandise</p> | <p>30</p> <p><b>Last Day to SAVE MONEY on Winter Break Climbing Camp!</b></p>                                    |

**Celebrating 30+ years of service to our community!**