

Stone Age Rock Gym

May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SAVE \$50 On Guided Trips in April & May promo code: RockGuideSpring2025 Book Online</p>	<p>ENROLL your child in SUMMER CLIMBING Enroll before May 1st and save</p>	<p>Enroll your child in youth Climbing Club!  Climb for 2 hours on Tuesday and Thursday Easy sign-up online.</p>	<p>Make that a rock climbing Birthday! Book a 2 hour climbing party with  all your friends</p>	<p>1 Free Technique/Train Clinic <u>Hang-board:</u> Build <u>core</u> strength <u>Campus-board:</u> Increase <u>grip</u> power 8 – 10 PM</p>	<p>2 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10 PM</p>	<p>3 Student Night Discount 5 – 10 PM Climbing Pass \$20</p>
<p>4 Family Day – 3 Climbers for \$60. Add family climbers for \$20.00 each.</p>	<p>5 Closed Monday's Except observed Holidays</p>	<p>6 Free Technique/Train Clinic <u>Hang-board:</u> Build <u>core</u> strength <u>Campus-board:</u> Increase <u>grip</u> power 8 – 10 PM</p>	<p>7 Free Wednesday Night Workout 5:30 – 6:30 Girls Night Out Climbing Pass \$20.00 5 – 10 PM</p>	<p>8 Free Technique/Train Clinic <u>Hang-board:</u> Increase <u>grip</u> strength <u>Hang-board:</u> Build <u>core</u> strength 8 – 10 PM</p>	<p>9 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10 PM</p>	<p>10 Student Night Discount 5 – 10 PM Climbing Pass \$20</p>
<p>11 Family Day – 3 Climbers for \$60. Add family climbers for \$20.00 each.</p>	<p>12</p>	<p>13 Free Technique/Train Clinic <u>Hang-board:</u> Increase <u>grip</u> strength <u>Hang-board:</u> Build <u>core</u> strength 8 – 10 PM</p>	<p>14 Free Wednesday Night Workout 5:30 – 6:30 Girls Night Out Climbing Pass \$20.00 5 – 10 PM</p>	<p>15 Free Technique/Train Clinic Strength – Boulder Pyramid hand-out 8 – 10 PM</p>	<p>16 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10 PM</p>	<p>17 Student Night Discount 5 – 10 PM Climbing Pass \$20</p>
<p>18 Family Day – 3 Climbers for \$60. Add family climbers for \$20.00 each.</p>	<p>19</p>	<p>20 Free Technique/Train Clinic <u>Hang-board:</u> Intermediate work-out. 4X4 Repeat routes. 8 – 10 PM</p>	<p>21 Free Wednesday Night Workout 5:30 – 6:30 Girls Night Out Climbing Pass \$20.00 5 – 10 PM</p>	<p>22 Free Technique/Train Clinic Strength – Hangboard Core Sets 8 – 10 PM</p>	<p>23 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10 PM</p>	<p>24 Student Night Discount 5 – 10 PM Climbing Pass \$20</p>
<p>25 Family Day – 3 Climbers for \$60. Add family climbers for \$20.00 each.</p>	<p>26 Memorial Day observed PWYC 12noon-8pm “Pay What you Can” Climb on your budget. Applies to Day Pass and Gear Rentals</p>	<p>27 Free Technique/Train Clinic Strength – Top rope. Pyramid hand-out. 8 – 10 PM</p>	<p>28 Free Wednesday Night Workout 5:30 – 6:30 Girls Night Out Climbing Pass \$20.00 5 – 10 PM</p>	<p>29 Free Technique/Train Clinic Games of Add-On. Coaching advice on projects. Strength building circuits</p>	<p>30 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10 PM</p>	<p>31 Student Night Discount 5 – 10 PM Climbing Pass \$20</p>