

Stone Age Rock Gym - Programs and Specials March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Membership brings big benefits!</p> <p>No Contract required. *membership is optional</p>	<p>Climbing Technique Clinics every Tuesday and Thursday, free with your membership, or upgraded day pass</p>	<p>Join our youth Climbing Club!</p>  <p>Climb for 2 hours on Tuesday and Thursday Easy sign-up online.</p>		<p>Celebrate your Birthday with us!</p> <p>Book a 2 hour climbing party with all your friends </p>	<p>1 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10PM</p>	<p>2 Student Night Discount 5 – 10PM Climbing Pass \$20</p>
<p>3 Family Climb – 3 Climbers for \$60. Add family climbers for \$20.00 each. All day</p>	<p>4 Girls Night Out – Climbing Pass \$15 5 – 10pm</p>	<p>5 Technique/Train Clinic Strength: Hangboard Sets – finger strength (Beginner) Training game: Add-On Hang-On 8 – 10PM</p>	<p>6 Family Night – 3 Climbers for \$45. Add family climbers for \$15 each. 5 – 10pm</p>	<p>7 Technique/Train Clinic Strength: Hangboard Core Sets Training Game: Overhang: footing cut away and recovery 8 – 10PM</p>	<p>8 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10PM</p>	<p>9 Student Night Discount 5 – 10PM Climbing Pass \$20</p>
<p>10 Family Climb – 3 Climbers for \$60. Add family climbers for \$20.00 each. All day</p>	<p>11 Girls Night Out – Climbing Pass \$15 5 – 10pm</p>	<p>12 Technique/Train Clinic Strength: Hangboard Sets – lock-off strength (Beginner) Training Game: Work the lock-off on known routes. Campus. 8 – 10PM</p>	<p>13 Family Night – 3 Climbers for \$45. Add family climbers for \$15 each. 5 – 10pm</p>	<p>14 Technique/Train Clinic Strength: Campus Board Sets Training Game: Launch through a series of holds selected by a partner. 8 – 10PM</p>	<p>Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10PM</p>	<p>16 Student Night Discount 5 – 10PM Climbing Pass \$20</p>
<p>17  Get a free pair of Black Diamond Momentum Climbing Shoes With a 6 month membership commitment Special is available all month!</p>	<p>18 Girls Night Out – Climbing Pass \$15 5 – 10pm</p>	<p>19 Technique/Train Clinic Strength: Hangboard Sets – finger strength (Intermediate) Training Game: Around the Clock – using crimp holds 8 – 10PM</p>	<p>20 Family Night – 3 Climbers for \$45. Add family climbers for \$15 each. 5 – 10pm</p>	<p>21 Technique/Train Clinic Strength: Boulder Pyramid 8 – 10PM</p>	<p>22 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10PM</p>	<p>23 Student Night Discount 5 – 10PM Climbing Pass \$20</p>
<p>24 New Routes set every Day! Come see what's new!</p>	<p>25 Girls Night Out – Climbing Pass \$15 5 – 10pm</p>	<p>26 Technique/Train Clinic Strength: Hangboard Sets (Intermediate) Training Game: Stick – hand sequence 8 – 10PM</p>	<p>27 Family Night – 3 Climbers for \$45. Add family climbers for \$15 each. 5 – 10pm</p>	<p>28 Technique/Train Clinic Circuits & Coaching advice on projects. 8 – 10PM</p>	<p>29 Couples and Friends Night 2 or more climbers Climbing Pass \$20.00 5 – 10PM</p>	<p>30 Student Night Discount 5 – 10PM Climbing Pass \$20</p>

Celebrating 30+ years of service to our community!