

SPECIAL EVENTS CALENDAR

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Girls Night Out – Climbing Pass \$9.50 5 – 10pm	2 Technique Clinic – How to Train: Endurance 8 – 10PM	3 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers \$35 includes gear. Add family climbers \$9.50 ea. 5 – 10pm	4 Technique Clinic – How to Train: Strength 8 – 10PM	5 Guys Night Out & High School Night Climbing Pass \$9.50 5 – 10pm	6 Couples Date Night & College Night Climbing Passes \$9.50 5 – 10pm
7	8 Girls Night Out – Climbing Pass \$9.50 5 – 10pm	9 Technique Clinic – How to Train: Technique 8 – 10PM	10 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers \$35 includes gear. Add family climbers \$9.50 ea. 5 – 10pm	11 Technique Clinic – Static vs. Dynamic Movement 8 – 10PM	12 Guys Night Out & High School Night Climbing Pass \$9.50 5 – 10pm	13 Couples Date Night & College Night Climbing Passes \$9.50 5 – 10pm
14	15 Girls Night Out – Climbing Pass \$9.50 5 – 10pm	16 Technique Clinic – Hold Direction and Reading Balance 8 – 10PM	17 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers \$35 includes gear. Add family climbers \$9.50 ea. 5 – 10pm	18 Technique Clinic – Hand Matching and Foot Matching 8 – 10PM	19 Guys Night Out & High School Night Climbing Pass \$9.50 5 – 10pm	20 Couples Date Night & College Night Climbing Passes \$9.50 5 – 10pm
21	22 Girls Night Out – Climbing Pass \$9.50 5 – 10pm	23 Technique Clinic – Reach Throughs and Step Throughs 8-10PM	24 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers \$35 includes gear. Add family climbers \$9.50 ea. 5 – 10pm	25 Technique Clinic – Smearing 8-10PM	26 Guys Night Out & High School Night Climbing Pass \$9.50 5 – 10pm	27 Couples Date Night & College Night Climbing Pass \$9.50 5 – 10pm
28 Become a member! No Start-up fee. No Contract required. *membership is optional	29 Girls Night Out – Climbing Pass \$9.50 5 – 10pm	30 Technique Clinic – Games of Add-On. Coaching advice on projects. Strength building circuits. 8 – 10PM	31 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers \$35 includes gear. Add family climbers \$9.50 ea. 5 – 10pm	Free Climbing Technique Clinics Every Tuesday and Thursday, with your day climbing pass or membership		Be Pro-Active about safety – Enroll in the Landing from Falls Technique Course. Management of ground falls – Next date Friday July 21 st , 2017

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