

# SPECIAL EVENTS CALENDAR

## August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Become a member!</b></p> <p>No Contract required. *membership is optional</p>		<p>1</p> <p><b>Technique Clinic</b> – Mantle and Palm Press: Pressing down and moving up</p> <p>8 – 10PM</p>	<p>2</p> <p><i>On the Way Home Workout</i> 5:30 – 6:30</p> <p><b>Family Night</b> – 3 Climbers \$40. Add family climbers \$10.50</p> <p>5 – 10pm</p>	<p>3</p> <p><b>Technique Clinic</b> – Chimney: Stemming’s big sister</p> <p>8 – 10PM</p>	<p>4</p> <p><b>Guys Night Out &amp; High School Night</b> Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>5</p> <p><b>Couples Date Night &amp; College Night</b> Climbing Passes \$10.50</p> <p>5 – 10pm</p>
6	<p>7</p> <p><b>Girls Night Out</b> – Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>8</p> <p><b>Technique Clinic</b> – Hip Rotation and Drop Knee: Hips in and knees down</p> <p>8 – 10PM</p>	<p>9</p> <p><i>On the Way Home Workout</i> 5:30 – 6:30</p> <p><b>Family Night</b> – 3 Climbers \$40. Add family climbers \$10.50</p> <p>5 – 10pm</p>	<p>10</p> <p><b>Technique Clinic</b> – Slab: Stand up and climb</p> <p>8 – 10PM</p>	<p>11</p> <p><b>Guys Night Out &amp; High School Night</b> Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>12</p> <p><b>Couples Date Night &amp; College Night</b> Climbing Passes \$10.50</p> <p>5 – 10pm</p>
13	<p>14</p> <p><b>Girls Night Out</b> – Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>15</p> <p><b>Technique Clinic</b> – Control Your Feet: If your feet aren’t quiet you aren’t doing it right</p> <p>8 – 10PM</p>	<p>16</p> <p><i>On the Way Home Workout</i> 5:30 – 6:30</p> <p><b>Family Night</b> – 3 Climbers \$40. Add family climbers \$10.50</p> <p>5 – 10pm</p>	<p>17</p> <p><b>Technique Clinic</b> – Ball Game Night: Isolating body movement</p> <p>8-10PM</p>	<p>18</p> <p><b>Guys Night Out &amp; High School Night</b> Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>19</p> <p><b>Couples Date Night &amp; College Night</b> Climbing Passes \$10.50</p> <p>5 – 10pm</p>
20	<p>21</p> <p><b>Girls Night Out</b> – Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>22</p> <p>Camming Day: Squeeze your foot in there</p> <p>8-10PM</p>	<p>23</p> <p><i>On the Way Home Workout</i> 5:30 – 6:30</p> <p><b>Family Night</b> – 3 Climbers \$40. Add family climbers \$10.50</p> <p>5 – 10pm</p>	<p>24</p> <p><b>Technique Clinic</b> – Down Climb Day: Sugar, we’re going down swinging!</p> <p>8 – 10PM</p>	<p>25</p> <p><b>Guys Night Out &amp; High School Night</b> Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>26</p> <p><b>Couples Date Night &amp; College Night</b> Climbing Pass \$10.50</p> <p>5 – 10pm</p>
27	<p>28</p> <p><b>Girls Night Out</b> – Climbing Pass \$10.50</p> <p>5 – 10pm</p>	<p>29</p> <p><b>Technique Clinic</b> – Barn Doors: Stay on the wall during off-balance moves.</p> <p>8-10PM</p>	<p>30</p> <p><i>On the Way Home Workout</i> 5:30 – 6:30</p> <p><b>Family Night</b> – 3 Climbers \$40. Add family climbers \$10.50</p> <p>5 – 10pm</p>	<p>31</p> <p><b>Technique Clinic</b> – Strength training – Skill building games: Add-On</p> <p>8 – 10PM</p>		