

SPECIAL EVENTS CALENDAR

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Girls Night Out – Climbing Pass \$10.50 5 – 10pm	3 Technique/Train Clinic Endurance - Speed It Up 8 – 10PM	4 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers for \$40. Add family climbers for \$10.50 each. 5 – 7pm	5 Technique/Train Clinic Endurance - Slow It Down – Sets 8 – 10PM	6 Guys Night Out & High School Night Climbing Pass \$10.50 5 – 10pm	7 Couples Date Night & College Night Climbing Pass \$10.50 5 – 10pm
8	9 Girls Night Out – Climbing Pass \$10.50 5 – 10pm	10 Technique/Train Clinic Endurance - Intensity Pyramid Structure 8 – 10PM	11 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers for \$40. Add family climbers for \$10.50 each. 5 – 10pm	12 Technique/Train Clinic Endurance - Repeat Sets 8 – 10PM	13 Guys Night Out & High School Night Climbing Pass \$10.50 5 – 10pm	14 Couples Date Night & College Night Climbing Pass \$10.50 5 – 10pm
15	16 Girls Night Out – Climbing Pass \$10.50 5 – 10pm	17 Technique/Train Clinic Endurance - Linked Boulder Problems 8 – 10PM	18 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers for \$40. Add family climbers for \$10.50 each. 5 – 10pm	19 Technique/Train Clinic Endurance - Duration Pyramid Structure 8 – 10PM	20 Guys Night Out & High School Night Climbing Pass \$10.50 5 – 10pm	21 Couples Date Night & College Night Climbing Pass \$10.50 5 – 10pm
22	23 Girls Night Out – Climbing Pass \$10.50 5 – 10pm	24 Technique/Train Clinic Endurance - 4x4's 8 – 10PM	25 <i>On the Way Home Workout</i> 5:30 – 6:30 Family Night – 3 Climbers for \$40. Add family climbers for \$10.50 each. 5 – 10pm	26 Technique/Train Clinic Endurance - Intensity Pyramid Structure 8 – 10PM	27 Guys Night Out & High School Night Climbing Pass \$10.50 5 – 10pm	28 Couples Date Night & College Night Climbing Pass \$10.50 5 – 10pm
29 Free Climbing Technique Clinics every Tuesday and Thursday, with your day climbing pass or membership	30 Girls Night Out – Climbing Pass \$10.50 5 – 10pm	31 Technique/Train Clinic Games of Add-On. Coaching advice on projects. Strength building circuits. 8 – 10PM		Free Climbing Technique/Train Clinics every Tuesday and Thursday, with your day climbing pass or membership		Become a member! No Contract required. *membership is optional